

THE CONNECTION

Central California Faculty Medical Group & University Centers of Excellence



For your
**courage,
commitment,
and care,
thank you.**



CCFMG Thanks Our Providers, Staff, and Community For COVID-19 Pandemic Response Efforts



Irene Moreno

On any given day, health care workers and providers are considered heroes that care for our communities. During the novel coronavirus pandemic, commonly known as COVID-19, health care workers around the country have risen to the front lines to care for their communities in ways never asked of them before.

The San Joaquin Valley is exceptionally fortunate to have the Central California Faculty Medical Group physicians as UCSF faculty experts who practice at the UCSF Fresno branch campus, leading the response to the pandemic in our communities. In addition to our providers, we have a wide range of specialized Advanced Practice Providers

As patient, provider, and staff safety and wellbeing are a top priority at CCFMG, physicians and staff are working diligently to ensure each patient and employee is taken care of.

and compassionate University Centers of Excellence staff doing everything they can to care for Central Valley patients.

Throughout this pandemic, our providers and staff have stepped up to care for the Central Valley. Rais Vohra, MD, is the Interim Health Officer for the Fresno County Department of Public Health, a CCFMG physician who sees patients in the Community Regional Medical Center

Emergency Department, and is emergency medicine faculty with UCSF. Dr. Vohra has lead our communities through this pandemic with a steady hand, a level head, and a compassionate heart.

Many of CCFMG's faculty physicians are researching better ways to help treat patients. Mohamed Fayed, MD, specializes in internal medicine, pulmonology, and critical care and is studying how Extracorporeal Membrane Oxygenation, ECMO, is helping patients with the virus. Eyad Almasri, MD, specializes in pulmonary disease and is researching how the drug remdesivir may help critically ill patients. Other CCFMG providers are doing additional research on COVID-19 and pregnancy, convalescent plasma, and more.

In addition to research, CCFMG opened a First Responder COVID-19 Testing Clinic in partnership with the Fresno County Department of Public Health. University



Medicine Associates has partnered with Valley Vascular Surgery Associates to provide the clinic's staff and testing capabilities. Police officers, firefighters, paramedics, and other first responders can be referred to the clinic by the Fresno County Public Health Department to receive expedited testing, keeping first responders, their families, and our communities safe.

As patient, provider, and staff safety and wellbeing are a top priority at CCFMG, physicians and staff are working diligently

to ensure each patient and employee is taken care of. Telehealth appointment options came online for patients in a matter of weeks are now available at most University Centers of Excellence faculty practice sites. Screening procedures and a new visitor policy are in place at each office, and many CCFMG employees are now working remotely to allow for social distancing.

These are just a few of the ways in which CCFMG providers and staff are doing their part to care for our communities.



University Medicine Associates staff

CCFMG Providers Awarded for Excellence at 2020 UCSF Fresno Graduation

Congratulations to the following providers for being recognized for their excellence in teaching and research:

- Eric Lindvall, DO, UCSF Fresno Department of Orthopaedic Surgery, "Kaiser Award for Excellence in Teaching"
- Amir Fathi, MD, UCSF Fresno Department of Surgery, "Borba Faculty Research Award"
- Liana Milanes, MD, UCSF Fresno Family and Community Residency Program, "Outstanding Attending Teacher," CMC

PHYSICIAN SPOTLIGHT

In an effort to highlight the incredible work CCFMG physicians are doing in response to the COVID-19 pandemic, we are shining a spotlight on Dr. Rais Vohra for his work as the Interim Health Officer for the Fresno County Department of Public Health.



Rais Vohra MD
FACEP FACMT

Emergency Medicine
and Clinical Pharmacy

Professor of Clinical
Emergency Medicine

Medical Director, California Poison
Control System Fresno-Madera Division

Interim Health Officer, Fresno County
Department of Public Health

What led you to your career as a physician or what inspired you?

I am, at heart, a people watcher! I am fascinated by the choices people make, the stories they tell themselves, and the meaning that they give to their actions. Medicine allows me to have a front seat at the grand human opera, equal parts comedy and tragedy, and never dull or repetitive to the keen observer. Medicine in the United States today remains a noble and honorable vocation with a legacy, and therefore an expectation, of excellence and equity, which are two values which I aspire to in everything I try to do.

Who have been your strongest influences in life?

My parents and my amazing wife are my biggest inspirations—I am luckier than I deserve! Beyond that, I have had the honor and pleasure to have had dozens of mentors, colleagues and peers in medicine and beyond who have taught me how to make decisions based on my values, and hopefully create opportunities for others to benefit in turn.

What do you love most about the Central Valley?

It is full of rugged beauty, majestic history and most of all real people, with real struggles and aspirations, all of which never cease to delight, surprise, amaze.

In affiliation with UCSF Fresno



Dennis DeSimone, DO

Gynecologic Oncology

University Gynecologic Oncology Specialists

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782 N Medical Center Drive East | Suite 212 | Clovis, CA 93611

Dr. DeSimone is fellowship trained in gynecologic oncology and has performed hundreds of complex and robotic surgeries. He actively enrolls his patients in clinical trial research and has been published numerous times for research on cell biology, in addition to lecturing on multiple aspects of gynecologic care.

If you asked him why he wanted to become a doctor, Dr. DeSimone would say it is because of his love of people, his desire to heal and work with patients in their care at some of the most vulnerable times in their lives.

John Moua, MD,

Named Interim Chief of Pediatrics



We are pleased to announce that John Moua, MD, of University Pediatric Specialists, has been named UCSF Fresno Interim Chief of Pediatrics. With the departure of Serena Yang, MD, MPH, the current Chief of Pediatrics, we know that the department will continue to receive excellent leadership with Dr. Moua.

Dr. Moua has been part of CCFMG and a member of UCSF faculty since 2015 and has recently been appointed to Mayor Lee Brand's Fresno Recovery Committee to assist and provide guidance on reopening the city safely during the COVID-19 pandemic.

As a physician at University Pediatric Specialists, Dr. Moua is board certified in pediatric pulmonology and specializes in Cystic Fibrosis, asthma, chronic lung disease, recurrent respiratory infections, and Valley Fever.





Richard G. Kiel, MD

UCSF Fresno Cardiologist brings new implantable heart monitor to San Joaquin Valley

Checking blood pressure and weight daily for indications of a worsening heart condition is a way of life for patients with heart failure, but UCSF Fresno cardiologist Richard G. Kiel, MD, has introduced a new implantable monitoring system that detects subtle variations in heart function before numbers on scales and blood pressure gauges raise alarms.

"It is a simple, elegant system that can help keep patients healthy, allowing them to feel better and do more, walk farther, spend more time with their families and have a better quality of life," Dr. Kiel said.

The implantable monitor is a battery-free pressure-sensing device that is smaller than a dime. Other implantable monitors

Patients who receive CardioMEMS™ HF System have the wireless device permanently implanted into an artery in the lungs. The minimally-invasive surgical procedure involves a catheter inserted through a vein in the leg or neck. Patients can be up and back walking within a short time.

"It is a simple, elegant system that can help keep patients healthy, allowing them to feel better and do more."

About two-dozen patients in the San Joaquin Valley so far this year have received CardioMEMS™ HF System, a miniature wireless monitor that tracks changes in pulmonary artery pressures before the appearance of symptoms, such as swollen ankles and shortness of breath.

have been larger, the size of pacemakers, had wires that were threaded directly into the heart and needed battery replacement. And none of the prior monitors have been shown to be really effective at reducing re-hospitalizations and improving quality of life for patients with heart failure, Dr. Kiel said.

The monitor is ingeniously simple, Dr. Kiel said. One time a day, patients lay on a pillow-device for 30 seconds while heart rates and artery pressures are wirelessly transmitted to a secure website that physicians can access for review.

Out of the Box Idea Helps Protect Physicians, Staff, Patients, from COVID-19

UCSF Fresno pediatric cardiologist Athira Nair, MD, FAAP, stepped out of her comfort zone of caring for children's hearts early this spring to create a device to help protect colleagues — emergency department and intensive care physicians from potential exposure to COVID-19.

Dr. Nair concentrated on helping physicians who work within inches of a patient's face during intubation, a procedure to insert a tube through the mouth and into the airway. As the tube is inserted, microscopic airborne droplets can spread throughout a hospital room, placing health care workers at risk of inhaling potentially contagious particles.

"I felt frustrated and helpless, and I wanted to do something to give some extra protection to physicians and health care workers," Dr. Nair said.

She found inspiration on the Internet for creating a plastic aerosol box to trap droplets expelled into the air. On Facebook, a Taiwanese anesthesiologist demonstrated how such a box could stop droplets from spreading. Physicians and health care workers are gowned, and masked during intubations — and the aerosol box does not replace personal protective equipment — it

"When the procedure happens, the virus basically hits the plastic and can't go anywhere else."



(From left to right) Jay Russell and Athira Nair MD, MBBS, FAAP

adds a layer of protection as the physician is opening the patient's mouth, looking at the vocal cords and putting in the tube.

"The tube is a direct connection between the person's airway, which is where the virus resides. So the box is a physical barrier," Dr. Nair said. "When the procedure happens, the virus basically hits the plastic and can't go anywhere else."

With a concept for an aerosol box in hand, Dr. Nair needed help with construction. She turned to her Clovis neighbor, Jay Russell, a woodworking hobbyist, to see if he could modify the design she'd seen on the Internet to make a special barrier box for physicians at Community Regional Medical Center (CRMC). Russell, a former Marine and retired UPS

worker, agreed to help. "I said, 'I have never worked with plastic before, but we'll figure it out.'"

Dr. Nair bought sheets of plexiglass at hardware stores, and Russell bought new blades to cut the hard plastic. Their first box was not a success. "We didn't have the right glue," Russell said. He did more research and found a glue that would make a tight bond, like a liquid weld. "And we just sort of went from there," he said.

Together, they have built four workable 2-foot cubes. Each cube is open at the bottom to fit over the patient's head and torso and includes an opening for bagging a patient and for the tubing. A shower-like curtain cut into strips prevents droplets from escaping at the one end. A large hole in the back and another in the side

PHYSICIAN SPOTLIGHT

In an effort to highlight the incredible work CCFMG physicians are doing in response to the COVID-19 pandemic, we are shining a spotlight on Dr. Kenny Banh as the Assistant Dean of Undergraduate Medical Education for his work in ensuring the continuation of training for the next generation of physicians during the COVID-19 pandemic.

Kenny Banh, MD, FACEP



Emergency Medicine

Associate Professor of
Clinical Emergency Medicine

Education Fellowship
Director, UCSF Fresno

Assistant Dean of Undergraduate Medical
Education, UCSF Fresno

Assistant Director, UC Davis, UC Merced
San Joaquin Valley Prime

What led you to your career as a physician or what inspired you?

I was always interested in the sciences and education. I was going to either become a physician or college professor. Academic medicine is a way I get to do both. In medical school I worked in Student Affairs and fell in love with learner development and advising. I love the ability to help shape future physicians and get a lot of vicarious joy from seeing their accomplishments not unlike a proud parent.

Who have been your strongest influences in life?

The obvious ones would be my parents. As refugees from war torn Vietnam they lost everything and with little education started over in America. They labored and struggled to provide a better opportunity for me. I have always felt it is my social responsibility to give back to those who cannot take care of themselves and increase educational opportunities.

What is your ideal way to spend your time off?

I am a big kid at heart. Most of my time off you will find me playing with my three boys, whether swimming, playing games or at the trampoline gym. My wife is a busy pediatrician, but I want to make sure that though we are two physician household, we are both well integrated into their lives. Together we coach their school soccer and robotics team and run the local Scouts chapter.

allow the physician to fit hands inside to perform an intubation.

Russell is proud of the custom designed boxes. "I came up with the little side doors to protect the medical professionals," he said

"By using the box, a doctor doesn't have to worry as much about their safety during a procedure, and the doctor can give the patient full attention," Dr. Nair said.

Three of the boxes are used at CRMC and a special pediatric box is at Clovis Community Medical Center in the Pediatric Intensive Care Unit.

Physicians appreciate the airway aerosol box made by Dr. Nair and Jay Russell, said Stacy Sawtelle Vohra, MD, Emergency Medicine Residency program director at UCSF Fresno. "It is a helpful addition to our personal protective equipment that may significantly minimize physician exposure to infectious droplets from patients with COVID-19 during intubation," she said. "We are filled with gratitude by the support of our community and fellow physicians as we navigate the COVID-19

pandemic in the emergency department."

Dr. Nair and Russell have made the boxes for the cost of materials – about \$150 per box. CRMC reimbursed them for the boxes. They are willing to make more, if other hospitals want the aerosol boxes. "Whoever needs it can say what they need and I'm sure we can provide it," Dr. Nair said.

He praises Dr. Nair for the project's success. "It's all because of the doctor," he said. "She's the one that is driving this. She's a very busy lady, with a small, young daughter, but she got this together. All the credit should go to her."

Dr. Nair is grateful to be able to provide the aerosol boxes. "I hope this helps to keep doctors physically safe, and helps to reduce the levels of stress associated with the potential for exposure to COVID-19," she said. "Stress is a real issue. We have to take care of patients, but we also have to take care of our families during this pandemic, and we can be concerned about the potential of exposing them to the virus."



UCSF Fresno is Training Medical Students and Residents to Address Increasing Need for Child Mental Health Services

UCSF Fresno child and adolescent psychiatrists Karen Kraus, MD, and Patrick Shea, MD, are training medical school students and residents to address the mental health needs of children and teenagers as youths are increasingly being hospitalized for self-harm injuries and suicide at rates that have reached their highest in nearly six decades.

The trends in youth suicide and self-harm behavior are disturbing, Dr. Kraus said. “Over the span of five years, there has been an enormous increase in the number and severity of psychiatric problems that we are seeing at Community Regional Medical Center (CRMC),” she said. “In 2014, there was only one or two kids a month on the general pediatric service who were being referred for a psychiatric consultation, and now it’s seven a month.”

UCSF Fresno’s psychiatry residency program emphasizes child/adolescent psychiatry to address the mental health needs of young people in the San Joaquin Valley, where there is a shortage of child psychiatrists. “Our mission has to do with training physicians uniquely committed and qualified to work in challenging practice environments – and any psychiatrist who remains in the San Joaquin Valley has to be able to help adolescents,” Dr. Kraus said.

All UCSF Fresno psychiatry residents, regardless of their interest in child/adolescent psychiatry, do at least a minimum of a year working with children and adolescents as part of their core rotation that runs from the middle of the third year to the middle of the fourth year of residency, Dr. Kraus said.

Psychiatry residents provide consultation to pediatric patients admitted to CRMC and can attend hospital psychosocial rounds with Dr. Kraus who provides psychiatric consults for children and adolescents who have mental health diagnoses and have been admitted to the hospital.

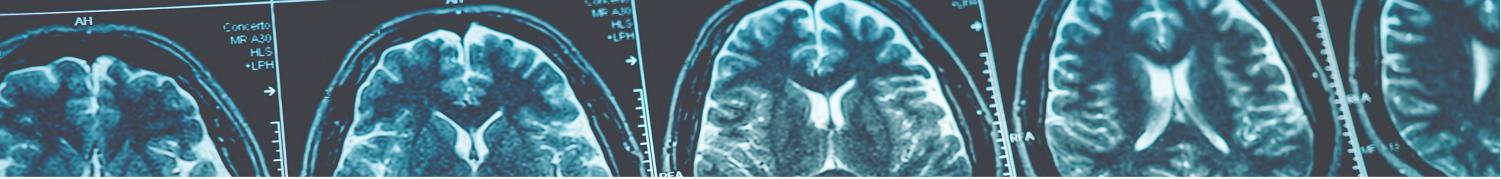
Psychiatry residents also work with Dr. Kraus at University Psychiatry Associates (UPA), an outpatient clinic with the University Centers of Excellence. Over the course of a year, they will have evaluated approximately 20 children and adolescents total. “They’re collaborating with other therapists, other kinds of providers so this is an opportunity for them to really cultivate not only diagnostic skills but management skills,” Dr. Kraus said.

“Given the spike of suicides in adolescence, it’s very important that primary care providers know what to look for and how to react,” he said. “I put a premium on suicide prevention, talking about risk factors in adolescents and what to look for and what to do if you are worried about someone.”

Providing medical students and residents hands-on experiences with young patients and lectures on child and adolescent mental health are essential to building a physician workforce for the Valley that is prepared to address the rise in suicides and self-harm behavior among young people, Drs. Kraus and Shea said.



“Our mission has to do with training physicians uniquely committed and qualified to work in challenging practice environments.”



UCSF Fresno Neurosurgeons Uniquely Trained to Handle Complex Cases, Keeping Valley Patients Close to Home

The headache began the day after Katherine Bell delivered her newborn daughter. Physicians first suspected it was an effect of an epidural anesthesia given at the birth, but her headache persisted and by six weeks postpartum the pain had become unbearable.

"It felt like somebody was just smashing the side of my head with a sledge hammer," Bell, 35, said.

Scans of her brain on Aug. 12 found a mass that was a stage 3 anaplastic astrocytoma tumor. It was essential the cancerous mass be removed quickly. "It was growing into the middle of my brain, and it was getting ready to affect my motor skills," Bell said.

He is a member of a highly-skilled team of UCSF Fresno neurosurgeons who make it possible for patients in the San Joaquin Valley who have brain tumors and complex spine conditions to have surgeries locally instead of traveling three to four hours for treatment.

"We cover pretty much everything and there's really no need to travel to San Francisco or Los Angeles or Palo Alto," Dr. Levine said.

UCSF Fresno neurosurgeons have sub-specialty training in specific areas of neurosurgery, where after routine residency they do fellowships to add to their skill sets and learn various techniques in a particular part of neurological

for adult scoliosis, a side-to-side curvature of the spine — a fairly common condition — but one that requires a specialized expertise to surgically treat.

Most patients with complex spinal conditions no longer need to leave Fresno for care, Dr. Taggard said. "Between patients I consult on in the hospital, as well as my elective practice, I probably encounter 1,200 to 1,500 patients a year, and only one or two need to be sent out of Fresno."

In addition to his expertise in complex spine surgery, Dr. Taggard is a trauma specialist. He responds to trauma calls for spine and head injuries at CRMC, which has one of the busiest trauma centers in the country. Dr. Taggard had

"We cover pretty much everything and there's really no need to travel to San Francisco or Los Angeles or Palo Alto."

Nicholas Levine, MD, a UCSF Fresno neurosurgeon and physician at University Neurosciences Institute, performed a 7 ½-hour surgery on Aug. 13 to remove the fist-sized tumor. Bell came home three days later to her newborn, Maelynn Raeann Bell and to husband, Johnny Bell, and son, Marshall Lavell, 11.

"Dr. Levine was absolutely amazing," Bell said. "I couldn't have asked for a better doctor."

Dr. Levine is fellowship trained in skull-based and vascular neurosurgery, endoscopic and open skull base surgery and specializes in neuro-oncologic surgery.

surgery, said Yu-Hung Kuo, MD, Chief of Neurosurgery at UCSF Fresno and Medical Director at University Neurosciences Institute.

Drs. Kuo and Levine both have expertise in performing awake craniotomies – brain surgery that is performed while a patient is awake to allow more of a mass to be removed without affecting brain function.

Complex spine surgeries also are now performed by UCSF Fresno neurosurgeons that in the past required patients to leave the Valley for treatment.

Derek Taggard, MD, focuses on spine and complex spine surgery and offers surgery

extensive experience in trauma training during a nine-year active duty service as a surgeon with the U.S. Air Force, where he was deployed to Iraq in 2005 and to Afghanistan in 2009 and 2011. "After both of those experiences, there's really nothing that can come into my emergency room that scares me or intimidates me," Dr. Taggard said.

The partnership between UCSF Fresno and CRMC, and the outpatient care provided at University Neurosciences Institute enables patients to receive a full line of neurosurgery services so they do not need to leave the Valley for treatment and care.

University Orthopaedic Associates Provides Walk-in Access to Fracture Care

The providers and staff at University Orthopaedic Associates have added walk-in urgent fracture care to their services!

Patients can walk into the office Monday through Friday from 8 a.m. to 5 p.m. for simple and complex fractures and dislocations, simple hand cuts, lacerations, fingertip

injuries, and more. The office also provides on-site casting and bracing, in addition to on-site x-ray and c-arm imaging.

For more information, please call the University Orthopaedic Associates office at (559) 320-0531.

Services

- Musculoskeletal conditions of the upper extremities, lower extremities, and pelvis
- Acute and chronic traumatic injuries and sequelae
- Simple and complex fractures and dislocations
- Tendon, ligament, meniscal and labral injuries
- Simple hand cuts, lacerations and fingertip injuries
- Sports injuries
- On-site casting/bracing, X-Ray and C-Arm imaging

Telehealth appointments for new patients available. New patient packets are on our website and all patients will be screened at the door for respiratory illness symptoms.



University Orthopaedic Associates
604 N Magnolia Avenue, Suite 100
Clovis, CA 93611

Phone 559.320.0531 | Fax 559.320.0539

Most insurances accepted

University Surgical Associates has moved to a new location.



Farah Karipineni
MD, MPH, FACS



Christina Maser
MD, FACS

University | Surgical Associates

In affiliation with UCSF Fresno

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PHYSICIAN SPOTLIGHT

In an effort to highlight the incredible work CCFMG physicians are doing in response to the COVID-19 pandemic, we are shining a spotlight on Dr. Chai for his work on the CCFMG COVID-19 Response Committee and helping CCFMG navigate through these unprecedented times with his expertise in infectious disease.



Chokechai
Rongkavilit,
MD, FAAP
(Dr. Chai)

Pediatric Infectious
Disease

Health Sciences Clinical Professor

What led you to your career as a physician or what inspired you?

It was a combination of a good counselor and a wonderful teacher who saw the potential in me and gave me excellent guidance, along with full support from my parent.

What made you decide on your specialty?

It was during my pediatric rotation during the 5th year as a medical student when I met a truly great pediatric attending. The clinical rounds were exciting with a lot of learning experience. I felt that I was really part of the team and was able to contribute, and that eventually set the path for me to pediatrics.

What are you most proud of accomplishing?

Receiving the research grant from the US National Institutes of Health, and being promoted to Clinical Professor while I was at Children's Hospital of Michigan and Wayne State University School of Medicine.



Susie Leroy, PA-C, Named 2019 Emergency Medicine PA of the Year for Donating Kidney to Two-Year-Old Boy

Susie LeRoy, a Physician Assistant with CCFMG working in the Emergency Department at Community Regional Medical Center, was selected as the 2019 Emergency Medicine PA of the Year by the Society of Emergency Medicine Physician Assistants (SEMPA) for donating a kidney to Kaleb Perry.

In early 2019, the Perry family posted in their Facebook group that their son Kaleb, then two-years-old, would need a kidney transplant. Kaleb struggled with prune belly syndrome, a rare disorder that causes severe lung and kidney problems. Susie, who was one of 7,000 followers on the Perry's

Facebook page, saw that they were in need of a donor since the family was not a match a donor and felt compelled to help as a mother herself. With test, after test, Susie was getting closer to becoming a donor. Finally, they found out Susie was Kaleb's perfect match.

On the day of the surgery, Susie and Kaleb were in neighboring operating rooms, and both operations were successful. Since his transplant, Kaleb is doing great. Congratulations, Susie LeRoy, PA-C, for this prestigious award and being recognized for going above and beyond to care for your community.





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