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Bringing Medical Education and Meeting Healthcare Needs of the Central Valley Since 1979





Kamell Eckroth-Bernard, M.D. and surgical team at Fresno Heart & Surgical Hospital.

Complex Aneurysms Can Now be Treated in the Central Valley

Kamell Eckroth-Bernard, M.D., does not want you to have to leave the Central Valley to see a physician. Because of his fellowship training in Vascular Surgery, you might not have to.

Dr. Eckroth-Bernard, M.D., is the only surgeon in the Central Valley to perform fenestrated stent graft repair for complex aneurysms. He has performed fenestrated stent grafts multiple times during and after his fellowship training in Vascular Surgery at Geisinger Medical Center.

Vascular Surgery is one of the busiest fellowships within University Surgical Associates, in partnership with UCSF Fresno Medical Education and Research.

Central Valley patients with complex aneurysms have traditionally been referred to surgeons in Los Angeles or Palo Alto. Unfortunately, local primary care physicians and cardiologists are not always aware there is a surgeon closer to home who can provide state of the art medical care for their patients with this condition.

Due to the nature of fenestrated stent grafts, this procedure traditionally requires patients to be followed by their surgeon for the rest of their lives. Appointments with a local physician such as Dr. Eckroth-Bernard, prevent the frustration and often undue stress of continually traveling to different areas outside of the Central Valley for ongoing medical care. Allowing for patients to remain close to home to receive their continued follow up care often leads to better outcomes and less frustration for doctors and patients alike.

The fenestrated stent graft repair is minimally invasive compared to open surgery, which is the other option to treat complex aneurysms. Since this procedure is minimally invasive, patients usually experience puncture sites as opposed to receiving large incisions. This leads to a reduction in blood loss, operation time, and hospital stay. Many patients are able to go home the next day after the procedure is performed.

This community is lucky to have someone as skilled and dedicated as Dr. Eckroth-Bernard, who believes it is important to offer this procedure to Valley residents who are deserving of a physician that remains updated on complex endovascular procedures.



UCSF Fresno Psychiatry Department Partners with American Ambulance

The UCSF Fresno Psychiatry Department has teamed up with American Ambulance to improve emergency medical service responses to psychiatric crises.

American Ambulance has been the emergency medical service provider for nearly all of Fresno County since 1984 and the exclusive provider for Kings County since 2000. From both Fresno and Kings Counties, American Ambulance annually receives 135,000 emergency calls. In terms of volumes of calls, psychiatric problems lands in the top five medical responses.

Currently, responses to individuals with crises related to mental health have been passed to and managed by law enforcement as opposed to paramedics. With improper training and inaccurate delegation of care, patients frequently end up being admitted to hospital emergency departments. These admissions are unhelpful to the patients because they end up in facilities that are not optimally equipped to handle their psychiatric issues.

The Behavioral Health Support Team pilot project utilizes senior paramedics who go through specialized training and supervision to deal with people experiencing psychiatric crises. This project also includes five behavioral health emergency response units on duty.

Supervision and training will include Craig Campbell, M.D., Program Director of the UCSF Fresno Psychiatry Residency Program, and Karen Kraus, M.D., Coordinator of Child & Adolescent Training for UCSF Fresno. Areas of education will cover support, solidifying mental health knowledge, enhancing



Photograph courtesy of American Ambulance

assessment and interventional skills, and reviewing protocol and procedures.

Ken Katz, LCSW, CTS, is the Manager of the American Ambulance Behavioral Health and Social Service Initiative. Because of his professional expertise, he is well aware of the need to address mental health when it comes to emergency medical services. On top of being a licensed clinical social worker and an instructor for the International Critical Incident Stress Foundation, Ken is also a retired parole agent and police officer.

With detailed and proper training, the goal of this pilot project is to provide valuable care and support to individuals experiencing mental health crises.



Great Job!

Central California Faculty Medical Group received the 2016 award for Top Fundraising Team from the Fresno Community Food Bank!

In Memory of

Rabindra N. Kundu, M.D., FRCS

Rabindra N. Kundu, M.D., FRCS (UK), was born on the 3rd, of September 1968, and he was suddenly taken away from us to be with his maker on August 31st 2016.

Rabi as he was known to his friends, family and colleagues was born in Kolkata, Eastern India to Mr. N G Kundu and his wife Mrs. Sudeshna Kundu. During the early years of his life, he traveled across the Indian subcontinent along with his parents and gained valuable experience in adapting to different systems of education. He was always a prodigiously talented student who rarely failed to excel in any and all subjects that happened to challenge his interests. As expected, he was accepted to the Armed Forces Medical College, Pune India, one of the premier medical schools of India that went on to shape his future medical career.

Following completion of medical school, Dr. Kundu was selected to join Surgical Residency at Post Graduate Institute of Medical Education & Research, Chandigarh, India, and he graduated with top honors as well as numerous commendations and accolades. He subsequently decided to pursue minimally invasive GI surgical training in the United Kingdom and acquired the prestigious Fellowship of the Royal College of United Kingdom (FRCS). During the course of his training as Senior Registrar at Manchester, United Kingdom, the uniqueness of Gastrointestinal Endoscopy started to fascinate him and led him across the ocean to Graduate Hospital Philadelphia, PA. Here he completed a few years of Internal Medicine Residency while simultaneously pursuing a very productive stint as an outcome researcher on Inflammatory Bowel disease at the University of Pennsylvania.

His skills as an endoscopist and brilliant clinician were soon noticed by multiple individuals at various Ivy League institutions leading to his acceptance at Beth Israel Medical Centre, Harvard Medical School, Boston, MA for a dedicated two year advanced Endoscopy Fellowship. He made his mark during his training with all his mentors and colleagues to the point of being offered a faculty position at Harvard Medical School. He declined the offer in the greater interest of pursuing the challenge of creating a new advanced endoscopy practice and gastrointestinal fellowship program at UCSF Fresno.

At Community Regional Medical Center in Fresno, CA, he was instrumental in creating a center of excellence for both GI Endoscopy and Gastrointestinal Oncology. He spearheaded the process of creating a state of the art endoscopy suite at CRMC. He conceptualized, designed, and helped to integrate endoscopy training and education into everyday

gastroenterology practice. He was currently holding multiple hats as the Director of Endoscopy at CRMC and the Program Director of the GI Fellowship at UCSF Fresno.

He has inspired many of his trainees to either follow his career path or to continue to provide GI care locally in the Central Valley. His vision for digestive disease health has led to the creation of a center of excellence at CRMC, providing much needed support for patients and their families in getting advanced GI care locally in Fresno rather than traveling out of the Central Valley.



Rabindra N. Kundu, M.D., FRCS

In his leisure time, he loved photography, traveling all over the world to exotic destinations, and above all spending quality time with family and friends. He leaves behind his wife of 17 years, Dr. Sudeshna Kundu, two children Rishi and Roma, and a whole legion of friends, colleagues, and patients. He continued to be an inspiring educator, brilliant clinician and an ace endoscopist till the last moment of his life. His role as a father, husband, and friend will be cherished and the loss is so monumental that he absolutely cannot be replaced.



Anubhav Agrawal, M.D. **Obstetrics & Gynecology**

University Obstetrics & Gynecology Center 2210 E. Illinois Avenue, Suite 408 Fresno, CA 93701 P: 559.443.2694

Anubhav Agrawal, M.D., earned his medical degree at New York Medical College.

He then went on to complete his residency in Obstetrics and Gynecology at University of New York, Downstate Medical Center. His fellowship in Pelvic Medicine and Reconstructive Surgery (Urogynecology) was completed at University of Louisville.

His medical interests include robotic surgery, minimally invasive surgery, fecal incontinence, and urinary incontinence.

In his free time, Anubhav Agrawal, M.D., enjoys river rafting, traveling, hiking, movies, basketball, football, and cooking.



Parvin Azizi, M.D. **Pediatric Neurology**

University Pediatric Specialists 7060 N. Recreation Avenue, Suite 101 Fresno, CA 93720 P: 559.325.5656

Parvin Azizi, M.D., is board certified in Neurology with special qualification in Child Neurology.

She completed her residency in Pediatric Neurology and Neurodevelopmental Disabilities at Texas Children's Hospital, Baylor College of Medicine

Parvin Azizi, M.D., is currently an Assistant Clinical Professor of University of California, San Francisco in the UCSF Fresno Department of Pediatrics.

She has given multiple CME accredited presentations on neurological and neurodevelopmental disorders.

In her free time, she enjoys hiking, listening to music and reading. She is fluent in English and Persian.



Luis Dehesa, M.D. **General and Surgical Dermatology for Adult and Pediatric Care**

University Dermatology Associates 2335 E. Kashian Lane, Suite 410 Fresno, CA 93701 P: 559.266.4100

Luis A. Dehesa, M.D., was a board certified dermatologist in Spain when he met his wife, a Fresno native, and decided to move to the United States.

He repeated his dermatology training in the United States. His internship in Internal Medicine was completed at Mount Sinai Medical Center in Florida. His Dermatology residency was finished at University of Texas Health and Science Center.

He also spent a year as a research fellow at the University of Miami Hospital where he participated in multiple clinical trials for psoriasis, lupus, and onychomycosis among others.

He has two children and enjoys sports, traveling, spending time with his family and eating good food.

University

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Accepting Patients | Call to Schedule an Appointment

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Paul Do, M.D.

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Jennifer Le, NP **Diabetes**

John Moua, M.D. Pulmonology

Cynthia Myers, M.D. Cardiology

Athira Nair, M.D., MBBS, FAAP Cardiology

Joseph Shen, M.D., Ph.D. Genetics

Attacking Parkinson's Disease Where it Lives

by Erin Kennedy

In 2007 medical researchers looking at Fresno, Tulare and Kings Counties found an increased risk for Parkinson's disease for those who lived and worked in agricultural areas sprayed with pesticides and especially for those on well water.

The Central Valley has the highest rates of Parkinson's disease in California with Kings County being among the worst at 10 times higher than the rest of California.

But until recently those with Parkinson's had to leave the Valley to find experts in deep brain stimulation – a treatment that has allowed many patients to continue active lives.

For the past 10 years, Leatrice "Doddy" Blevins, 77, has had to travel several hours away from her Clovis home to get her deep brain stimulation device adjusted regularly.



Cong Z. Zhao, M.D., of University Neurology Associates and Assistant Clinical Professor of UCSF in the UCSF Fresno Division of Neurology. Photograph and article courtesy of Community Medical Centers.

In August, Blevins had her first appointment with a neurologist recently recruited by UCSF to practice at Community Regional Medical Center, who did her fellowship training in deep brain stimulation at the Mayo Clinic. Dr. Cong Z. Zhao, the only neurologist in the region specializing in movement disorders, says she looked for an area that had high need for her specialty.

Blevins' daughter Jill Aiello says the transformation with this treatment has been nearly miraculous: "The DBS took mom back to where she was 15 years before when her disease started in 1991. She could drive again. She could go shopping by herself."



Richard Kiel, M.D. Cardiology

University Cardiovascular Center 2335 E. Kashian Lane, Suite 240 Fresno, CA 93701 P: 559.320.0545

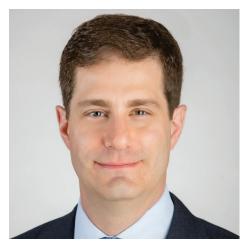
Richard Kiel, M.D. is board certified in Internal Medicine with a subspecialty in Cardiovascular Disease.

He completed residency in Internal Medicine at University of California, San Francisco, Fresno where he served as Chief Resident.

His Adult Cardiovascular Disease fellowship was also completed at UCSF Fresno. Richard Kiel, M.D., then went on to finish his Advanced Heart Failure and Cardiac Transplant Fellowship at UCSF.

He has earned many honors including the American College of Cardiology, California Chapter, Excellence in Cardiology Fellowship Award and the Central California Veterans Hospital Excellence in Physician Values Award.

In his free time, Richard Kiel, M.D., enjoys creative writing, oil and watercolor painting, and guitar.



Nicholas Levine, M.D. Neuro-Oncologic & Skull Based Surgery

University Neurosciences Institute 45 River Park Place West, Suite 104 Fresno, CA 93720 P: 559.320.0530

Nicholas Levine, M.D., is board certified in Neurological Surgery.

He completed his Cerebrovascular fellowship at University of Cincinnati, College of Medicine and, Skull Base/ Cerebrovascular fellowship was completed at University of South Florida.

He specializes in the treatment of cranial and spinal conditions.

Dr. Levine's background in microsurgical and endoscopic techniques provide individualized treatment of skull based tumors and brain and spine tumors.

Dr. Levine is a member of the American Association of Neurological Surgeons (AANS), the Congress of Neurological Surgeons (CNS), the Society for Neuro-Oncology (SNO) and the North American Skull Base Society (NASBS).



Cynthia Myers, M.D. Pediatric Cardiology

University Pediatric Specialists 7060 N. Recreation Avenue, Suite 101 Fresno, CA 93720 P: 559.325.5656

Cynthia Myers, M.D., is board certified in Pediatrics and Pediatric Cardiology.

She earned her medical degree at Indiana University School of Medicine where she also completed her residency in Pediatrics and research fellowships in Cardiothoracic Surgery and Vascular Biology. She then went on to finish her Pediatric Cardiology Fellowship at Children's Hospital of Philadelphia. She also completed a research fellowship through the Pediatric Scientist Development Program in Philadelphia, Pennsylvania.

Cynthia Myers, M.D., is currently an Assistant Professor for University of California San Francisco in the UCSF Fresno Department of Pediatrics. She has held Instructor positions at Children's Hospital Colorado and Children's Hospital of Philadelphia.

She has been published in many journals including The Journal of Thoracic and Cardiovascular Surgery and ASAIO.

Her hobbies include playing guitar, listening to live music, travel, reading, hiking, and camping.

Notices Events

Office Change

University Sleep and Pulmonary Associates

6733 N. Willow Avenue Suite 107 Fresno, CA 93710

P: 559.435.4700 F: 559.435.9944

Previously: University North Medical Specialty Center

New Physician Liaison

Keep an eye out for our new CCFMG Physician Liaison, David Sanchez.

David has spent many years marketing to physicians and medical office sites within the Central Valley, with an emphasis on increasing patient referral volume, launching new service lines and creating and maintaining positive relationships with physicians and their staff.

In his free time, David is a sports and car enthusiast and loves spending time with his family.



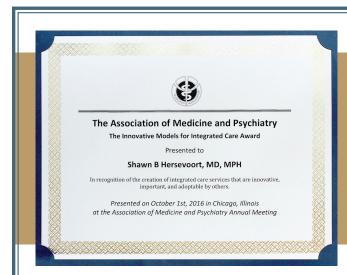


Faculty in the UCSF Fresno Department of Orthopaedic Surgery recently donated 120 backpacks filled with school supplies to children at Hanh Phan Tilley Elementary School in Fresno through Feed Our Future - Fresno.

Feed Our Future is a non-profit dedicated to feeding hungry children over the weekend at local elementary schools.

Jason Davis, M.D., Eric Lindvall, D.O., John Tidwell, M.D., Nathan Hoekzema, M.D., Eric Pagenkopf, M.D., Armen Martirosian, M.D., Deniz Baysal, M.D., Fariborz Naeni, M.D., Maximino Brambila, M.D., and John Wiemann, M.D., decided to support the organization with this public service project. Their hope is that the gesture will make a positive impact on the lives of the children and help them succeed in school.

Orthopaedic Surgery staff members Jenny McHenry, Lorena Davis, and Lisa Husak joined the doctors in helping pack the backpacks and hand them off to Feed Our Future's Executive Director Jessica Nazaroff.



Congratulations Shawn Hersevoort, M.D., MPH,

for Receiving The Innovative Models for Integrated Care Award from The Association of Medicine and Psychiatry



Athira Nair, M.D., MBBS, FAAP Pediatric Congenital Heart Disease, Adult Congenital Heart Disease, Pulmonary Hypertension

University Pediatric Specialists 7060 N. Recreation Avenue, Suite 101 Fresno, CA 93720 P: 559.325.5656

Athira Nair, M.D., FAAP, is board certified in Pediatrics and fellowship trained in Pediatric Cardiology. She is currently board eligible in Pediatric Cardiology.

She completed residency in Pediatrics at Shands Children's Hospital at UF, Gainesville, FL. She then went on to finish her fellowship in Pediatric Cardiology at Penn State Hershey Medical Center.

She has volunteered her time for many organizations. She has done medical mission trips to Ecuador during her fellowship and held heart health camps in India during her residency. She was the president of the Anti-Tobacco Movement at Amrita which is a World Health Organization registered initiative. She was also a volunteer teacher at SOS Village leading the education and development of a group of children in an orphanage for two years.

She has special interest in global health and women's empowerment. Her motto for patient care is personalized care and likes to go the extra step for her patients.

In her free time, Athira Nair, M.D., FAAP, enjoys gardening, hanging out at the beach, dancing, and singing. She is fluent in Malayalam and Tamil.



Chandrasekar Palaniswamy, M.D. Cardiac Electrophysiology

University Cardiovascular Center 2335 E. Kashian Lane, Suite 240 Fresno, CA 93701 P: 559.320.0545

Chandrasekar Palaniswamy, M.D., MBBS, is board certified in Cardiovascular Disease and Clinical Cardiac Electrophysiology.

He completed his fellowship in Cardiology at New York Medical College where he also served as the Chief Fellow. Following this, he underwent training in Clinical Cardiac Electrophysiology at Mount Sinai Hospital, New York.

Dr. Palaniswamy has significant expertise in therapies for cardiac arrhythmias – including implantation of pacemakers, defibrillators and catheter ablation of atrial fibrillation, supraventricular and ventricular tachycardias. He offers the full spectrum of arrhythmia therapies.

He has been the lead author or co-author for several research articles that have been published in prestigious journals such as Circulation, Journal of the American Heart Association, Heart Rhythm, JACC Electrophysiology, American Journal of Cardiology and International Journal of Cardiology.

He is an associate member of the American College of Cardiology and Heart Rhythm Society.



Anne Prentice, M.D., FACS Vascular Surgery

Valley Vascular Surgery Associates 1247 E. Alluvial Avenue, Suite 101 Fresno, CA 93720 P: 559.431.6226

Anne Prentice, M.D., FACS, is board certified in General Surgery and Vascular Surgery.

She earned her medical degree at Albany Medical School. She then went on to complete her residency and serve as Chief Resident in Surgery at University of California, San Francisco, Fresno. Her fellowship in Vascular Surgery was completed at University of Wisconsin.

Anne Prentice, M.D., FACS, is currently an Assistant Clinical Professor for UCSF in the UCSF Fresno Department of Surgery.

She is a fellow of the American College of Surgeons.

Her hobbies include sports, and she is fluent in Spanish.

Central Valley Surgical Collaboration



Amir Fathi, M.D., of University Specialty Surgery Associates and Assistant Clinical Professor for UCSF in the UCSF Fresno Department of Surgery has founded the Central Valley Surgical Collaboration.

The goal of this collaboration is to bring physicians of all specialties together for networking and communication on issues and advancements related to surgery.

Join the Central Valley Surgical Collaboration Facebook group to be a part of this community and contribute your voice and knowledge.



Join the Facebook Group

Central Valley Surgical Collaboration



Mark Stecker, M.D. Neurology

University Neurology Associates 2335 E. Kashian Lane, Suite 301 Fresno, CA 93701 P: 559.264.9100

Mark Stecker, M.D., Ph.D., is board certified in Neurology with subspecialties in Clinical Neurophysiology, Epilepsy and intraoperative neurophysiologic monitoring.

He earned his medical degree at Harvard Medical School and completed residency in Neurology at University of Pennsylvania. At University of Pennsylvania, he then went on to complete his fellowship in Neuroscience/Epilepsy/EEG.

Mark Stecker, M.D., Ph.D., has held multiple faculty appointments including Chief of Peri-Operative Neurlogy at Penn, Chairman of Neuroscience at Winthrop University Hospital, Professor of Neuroscience at Marshall University and Clinical Professor of Neurology at Stony Brook School of Medicine. He has been past president of the American Society of Neurophysiologic Monitoring.

He has also received many awards including the Best Doctors in America award and Fellow of the American Clinical Neurophysiologic Society.

In addition to clinical care and clinical research, Dr. Stecker maintains a basic science research laboratory.



Erick Stephanian, M.D. Neurosurgery

University Neurosciences Institute - Visalia 202 W. Willow Street, Suite 305 Visalia, CA 93291 P: 559.622.8687

Erick Stephanian, M.D., is a board certified Neurosurgeon who was previously in practice in Indiana for over twenty years.

He is a past president of the Indiana Neurosurgical Society.

Erick Stephanian, M.D., has extensive experience in the surgical and non-surgical management of various brain and spinal conditions.

He takes great pride in not only having superior surgical outcomes, but also in the cost effective care of his patients.

In his spare time, Dr. Stephanian enjoys tennis, golf, snow sking, sailing, scuba diving, and is a private pilot.



Vajeeha Tabassum, M.D. Oncology

University Oncology Associates 2335 E. Kashian Lane, Suite 301 Fresno, CA 93701 P: 559.459.4662

Vajeeha Tabassum, M.D., FACP, is board certified in Internal Medicine and fellowship trained in Geriatrics and Medical Oncology.

Dr. Tabassum completed her residency at University of Pittsburgh Medical Centre-Mercy. Her fellowship in Geriatrics was completed at Medical College of Virginia and her fellowship in Medical Oncology was finished at Quillen College of Medicine, East Tennessee State University.

Dr. Tabassum has served as an Assistant Professor in the Department of Internal Medicine at Southern Illinois University-School of Medicine, where she also served as the Director of the Geriatrics division.

She has also contributed her time volunteering for Free Homeless Health Care Clinic in Springfield, IL, Pittsburgh, PA and also volunteered for Sangamon County's CATCH Program.

Dr. Tabassum's hobbies include spending time with her family, exploring new places, cooking and poetry. She is fluent in English, Hindi, Urdu.



Derek Taggard, M.D. Neurosurgery

University Neurosciences Institute 45 River Park Place West, Suite 104 Fresno, CA 93720 P: 559.320.0530

Derek A. Taggard, M.D., was born and raised in Colorado Springs, Colorado.

He attended the United States Air Force Academy where he was a Distinguished Graduate in 1992.

After attending the University of Colorado School of Medicine, he obtained his training in spine and neurosurgery at the University of Iowa.

While at the University of Iowa, Dr. Taggard also completed a post-doctoral research fellowship.

Dr. Taggard is board certified in Neurological Surgery.



Ying Wu, M.D. Rheumatology

University Medicine Associates 2335 E. Kashian Lane, Suite 280 Fresno, CA 93701 P: 559.320.1090

Ying Wu, M.D., specializes in Rheumatology. She diagnoses and treats autoimmune conditions as well as diseases of the joints, muscles and bones, including rheumatoid arthritis, psoriatic arthritis, ankylosing spondylitis, reactive arthritis, myositis, scleroderma, systemic lupus erythematosus, vasculitis, gout, calcium pyrophosphate deposition disease, polymyalgia rheumatica, and osteoarthritis.

As an Assistant Clinical Professor of Rheumatology in the Department of Internal Medicine, Dr. Wu teaches medical students and residents at the UCSF Fresno Medical Education Program. Her research focuses on the new diagnostic modalities in crystal-induced arthritis.

She completed a fellowship in rheumatology at University of California, San Diego, and a residency in Internal Medicine at Maricopa Medial Center, Arizona. She earned a medial degree from Medical School of Shanghai Jiao Tong University in Shanghai, China.

Dr. Wu is board certified in Internal Medicine and is a member of American College of Rheumatology.

In her free time, she enjoys reading, traveling, and spending time with family. She is fluent in English, Mandarin and Shanghainese.

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Community Regional Medical Center

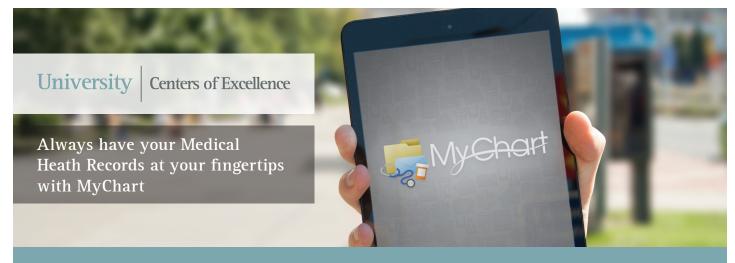
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