

# San Joaquin Valley Neurodevelopmental Collaborative



Supporting individuals  
with neurologic differences,  
their families, and their community  
through services, education, and research

## **MISSION:**

To support individuals with neurologic difference, their families, and their wide community throughout services, education and research.

## **VISION:**

All individuals, regardless of their abilities, have the potential to thrive when supported by caring and knowledgeable families and communities

This resource list is a living document. Please feel free to email us ([tiredseahorse@icloud.com](mailto:tiredseahorse@icloud.com)) with information regarding any service or medical providers in the Central Valley from Madera County to Kings County that have been beneficial to you. We are not vouching for quality or availability of services at the organizations listed and you should perform your own due diligence. Check with your doctor before starting any new therapy or medications.

Thank you, the Ellis family.

## **ABA THERAPY**

### **ACES (Autism Comprehensive Educational Services)**

Address: 4201 W. Shaw Ave., Fresno, CA 93722  
Phone: 559-275-0559  
Counties Served: Throughout the Central Valley  
Insurance: Most major medical insurance including MediCal/CalViva  
Services Provided: Center and home-based ABA therapy  
Age Group: 2 to 20 years  
Website: [www.acesaba.com](http://www.acesaba.com)

### **Autism Learning Partners (Formerly Pacific Child and Family Associates)**

Address: 2210 N. Weber Ave. Fresno, CA 93705  
Phone: 1-855-295-3276  
Counties Served: Throughout California  
Insurance: Take most insurance including MediCal  
Services Provided: In-home ABA Therapy and some social skills groups depending on location  
Age Group: 18 mo to 26 years  
Website: [www.autismlearningpartners.com](http://www.autismlearningpartners.com)

### **BIA (Behavior Intervention Association)**

Address: 5140 N. Fruit Ave, Fresno, CA 93711  
Phone: 559-449-1059  
Counties Served: Fresno  
Insurance: Most major medical insurance including MediCal  
Services Provided: Center and home-based ABA, social skills groups, integrative preschool called The Village  
Age Group: 18 mo to 18 years  
Website: [www.bia4autism.org](http://www.bia4autism.org)

### **California Autism Center and Learning Group**

Address: 1630 E Shaw Ave #190 Fresno, CA 93710  
Phone: 559-475-7860  
Counties Served: Fresno and Merced  
Insurance: Most major medical insurance  
Services Provided: Center-based ABA Therapy, in-home ABA, social skills groups, parent training  
Age Group: 18 mo to 18 years  
Website: [www.calautismcenter.org](http://www.calautismcenter.org)

### **CARD (Centers for Autism and Related Disorders)**

Address: 1690 W. Shaw Ave. Ste. 102, Fresno, CA 93711  
Phone: 559-255-1481 ext. 1481  
Counties Served: Throughout California  
Insurance: Takes a variety of insurance including MediCal/CalViva  
Services Provided: Center and home-based ABA therapy  
Age Group: 2 to 21 years  
Website: [www.centerforautism.com](http://www.centerforautism.com)



### **Central Valley Autism Project**

Address: 3425 Coffee Rd. Ste. 2C, Modesto, CA 95355  
Phone: 209-521-4791  
Counties Served: Fresno, Merced, Stanislaus, San Joaquin, and Sacramento  
Insurance: Most major medical insurance including MediCal  
Services Provided: Center-based early intervention, home and community-based services, parent and family training, school transition, and social skill groups.  
Age Group: Infancy through adulthood  
Website: [www.cvap.org](http://www.cvap.org)

### **Easter Seals Central California**

Address: 2505 W. Shaw Ave Suite 2, Fresno, CA 93711  
Phone: 559-241-7233  
Counties Served: Fresno, Madera, and Kings County and Central Coast  
Insurance: Kaiser and Anthem Blue Cross MediCal  
Services Provided: Description: Center-based, home, and community-based ABA  
Age Group: 18 mo to 22 years  
Website: [www.easterseals.com/centralcal/](http://www.easterseals.com/centralcal/)

### **Focused Behavioral Services at Fresno State University**

Address: 5048 N. Jackson Ave. Fresno, CA. 93740  
Phone: 559-278-6779  
Counties served: Fresno County  
Insurance: Most major medical insurance and MediCal  
Services Provided: ABA therapy and intervention services focusing on older children with Autism and severe behaviors.  
Email: [fbs\\_admin@mail.fresnostate.edu](mailto:fbs_admin@mail.fresnostate.edu)

### **Holdsambeck and Associates**

Address: 1849 N. Helm Ave. Fresno, CA 93727  
Phone: 1-805-979-9941 ext 0  
Counties Served: Central Valley  
Insurance: Most major medical insurance including MediCal and CalViva  
Services Provided: In-home and center-based ABA Therapy, some school-based therapy  
Age Group: 18 mo to 21 years  
Website: <http://www.holdsambeck.com>

### **Learning Arts**

Address: 7600 N Ingram Ave. #103 Fresno, CA 93711  
Phone: 559-229-1540  
Counties Served: Northern CA  
Insurance: All insurance including MediCal  
Services Provided: Clinic and in-home based ABA therapy, teen/adolescent social skills programs available  
Age Group: 18 mo to 21 years  
Website: [www.learningarts.com](http://www.learningarts.com)



### **One Piece at a Time**

Address: 125 E. Barstow Ave Suite 135 Fresno CA 93710  
Phone: 559-930-2720  
Counties Served: Fresno  
Insurance: Cal Viva, Blue Shield, Aetna, MHN (Mental Health Network)  
Services Provided: Center-based ABA therapy  
Age Group: 2 years to 18 years old  
Services Provided: Center Based services with extensive parent training, Spanish-speaking BCBA

### **Swan Consulting Inc.**

Address: 20 N. DeWitt Ave. Clovis, CA 93612  
Phone: 559-575-8172  
Counties Served: Fresno  
Insurance: Most major insurance including Cal-Viva and TriCare  
Services Provided: Center-based ABA therapy, in-home ABA, social skills groups, adult transition training, parent training  
Age Group: 18 mo to through adult transition  
Website: [www.swanconsultinginc.com](http://www.swanconsultinginc.com)

## **CHILD SERVICE PROVIDERS**

### **CVRC (Central Valley Regional Center)**

Description: Provides assessment, evaluation, case management, referral programs, and activities for people with developmental disabilities.  
Address: 4615 N. Marty Ave., Fresno CA 93722  
Phone: 559-276-4480  
Website: [www.cvrc.org](http://www.cvrc.org)  
Additional Info: All ages with documented disability

### **EPU (Exceptional Parents Unlimited)**

Description: Comprehensive, family-centered early intervention services for children with special needs  
Address: 4440 N. First St. Fresno, CA 93726  
Phone: 559-229-2000  
Website: [www.epuchildren.org](http://www.epuchildren.org)  
Additional Info: Infant program: 0-3 years of age must be referred by CVRC.  
Resource Center: English and Spanish speaking parent support groups and advocacy for the development of the child's IEP free of charge.

### **Easter Seals Central California**

Description: ABA therapy; Camp Harmon for families, children, and individuals with disabilities; PLAY project teaching parents how to have a more meaningful relationship with their autistic child while enhancing development of the child; Wide Awakes social/recreational adult groups for individuals with intellectual disabilities  
Address: 2505 W. Shaw Ave Suite 2, Fresno, CA 93711  
Phone: 559-241-7233  
Website: [www.easterseals.com/centralcal/](http://www.easterseals.com/centralcal/)



### **First Five Fresno County**

Description: Advocacy company that directs children and families to services in the San Joaquin Valley  
Address: 2405 Tulare St. Suite 200 Fresno, CA 93712  
Phone: 559-558-4900  
Website: [www.first5california.com](http://www.first5california.com)  
Additional Info: 0 to 5 years of age and families

### **Central Valley Children's Network Services**

Description: Provides support, education, and linkage of community resources to advocate for high quality care for all children  
Address: 1911 N. Helm Ave. Fresno, CA 93727  
Phone: 559-456-1100  
Website: [www.cvcsn.org](http://www.cvcsn.org)

## **SPEECH THERAPY/OCCUPATIONAL THERAPY**

### **The Talk Team**

Description: Certified and licensed speech pathologists  
Address: 1752 E. Bullard Suite 101, Fresno, CA 93710  
4144 S. Demaree St. Suite B, Visalia, CA 93277  
Phone: 559-970-8277  
Counties Served: Fresno and Visalia area  
Insurance: In network for Sante, Thysmetrics, and Tricare. Contract with CVRC and some school districts  
Website: [www.thetalkteam.com](http://www.thetalkteam.com)  
Additional Info: Speech therapy, social communication groups, oral feeding therapy

### **Valley Children's Hospital Speech Clinic**

Description: Certified and licensed speech pathologists  
Address: 9300 Valley Children's Place, Madera CA 93636  
Phone: 559-353-6801  
Counties served: Fresno, Madera  
Insurance: Variety of major medical insurance including MediCal  
Website: [www.valleychildrens.org/services/speech-services](http://www.valleychildrens.org/services/speech-services)  
Additional Info: Speech therapy, social communication groups, oral feeding therapy

### **California Learning Connection/ Aspire Speech and Learning Center**

Description: Certified and licensed speech pathologists  
Address: 2505 W. Shaw Ave. Building A, Fresno CA 93711  
Phone: 559-228-9100 Ext#1  
Counties Served: Throughout Central California  
Insurance: Out of network for most major medical networks, no MediCal  
Website: [www.clconnect.com](http://www.clconnect.com)  
Additional Info: Speech therapy services for children and adults



### **Fresno State Speech and Hearing Clinic**

Description: Speech therapy by professors and graduate students at Fresno State once or twice a week. There is also the STARS preschool clinic for children 3-5 years old with an Autism diagnosis or Autism-like behaviors. There are 24 sessions in the Spring and Fall semesters for the STARS clinic.

Address: 5310 N. Campus Dr. M/S PH80  
Fresno, CA 93740-8019

Phone: Office Phone: 559-278-2443  
Clinic Phone: 559-278-2442

Counties Served: Throughout Central California, though only in clinic

Insurance: Paid for through client and community donations

Website: [www.FresnoState.edu/cdds](http://www.FresnoState.edu/cdds)

### **Simpson Speech**

Description: Certified and licensed speech pathologists

Address: 2405 Tulare St. Suite #201  
Fresno, CA 93721

Phone: 559-797-1873

Insurance: Most major Insurance taken, No Medi-Cal

Website: [office@simpsonspeech.com](mailto:office@simpsonspeech.com)

### **Empower Speech Therapy and Life Skills Center**

Description: Certified and licensed speech pathologist and Life Skills

Address: 420 Bullard Ave  
Clovis CA, 93621

Phone: 559-801-2626

Insurance: Kaiser and private pay.

Website: [info@empowercv.com](mailto:info@empowercv.com)

### **California Learning Connection/ Goodfellow Occupational Therapy**

Description: Certified and licensed occupational therapists

Address: 2505 W. Shaw Ave. Building A, Fresno CA 93711

Phone: 559-228-9100 Ext#2

Counties Served: Throughout Central California

Insurance: Out of network for most major medical insurance, no MediCal

Website: [www.clconnect.com](http://www.clconnect.com)

Additional Info: Clinic and school-based therapy

### **Valley Children's Hospital Occupational Therapy Clinic**

Description: Certified and licensed occupational therapists

Address: 9300 Valley Children's Place, Madera CA 93636

Phone: 559-353-6800

Counties served: Fresno, Madera

Insurance: Variety of major medical insurance including MediCal

Website: [www.valleychildrens.org/services/occupational-therapy](http://www.valleychildrens.org/services/occupational-therapy)

Additional Info: Development of daily living skills



## MEDICAL SERVICE

### Pediatricians

#### Clovis Pediatric Group, Dr. A. Siddique

Address: 726 N. Medical Center Drive Suite #205, Clovis CA 93611  
Phone: 559-900-3045  
Insurance: Most major insurance taken  
Website: [www.asiddique@clovispediatricgroup.com](mailto:www.asiddique@clovispediatricgroup.com)

#### Dr. Nidhi Mehrota

Address: 6769 N. Willow Ave Unit#101, Fresno Ca 93710  
Phone: 559-325-2400  
Website: [www.Mdkidz.com](http://www.Mdkidz.com)

### Pediatric Neurology

#### Dr. H. Hutchison

Address: 2335 E. Kashian Ln Suite #301, Fresno CA 93701  
Phone: 559-264-9100  
Insurance: Most major insurance, Medicare medical secondary  
Website: [www.universitymds.com](http://www.universitymds.com)

#### Dr. Timothy Foster

Address: 7060 N Recreation Suite 101, Fresno CA 93720  
Phone: 559-325-5656  
Insurance: Most major medical insurance  
Website: [www.universitymds.com](http://www.universitymds.com)

#### Dr. Isabelo Artacho

Address: 6079 N. Fresno St. Suite #103, Fresno CA 93710  
Phone: 559-227-7141  
Insurance: Most major Insurance

### Valley Children's Hospital Neurology Clinic

Description: Pediatric Neurology Specialists  
Address: 9300 Valley Children's Place, Madera, CA 93636  
Phone: 559-353-6215  
Insurance: Most major medical insurance, contact for details  
Website: [www.valleychildrens.org](http://www.valleychildrens.org)

### Pediatric Gastroenterologist

#### Dr. Michael Haight

Address: 7060 N. Recreation Ave Suite #101, Fresno CA 93720  
Phone: 559-459-2327  
Insurance: Most major insurance taken  
Website: [www.universitymds.com](http://www.universitymds.com)



### **Dr. Judy J. Davis**

Address: 1095 E. Warner Ave Suite #102, Fresno CA 93720  
Phone: 559-412-8184  
Insurance: Most major insurance taken  
Website: [www.drjudydavis.com](http://www.drjudydavis.com)

### **Valley Children's Hospital Gastroenterology Clinic**

Description: Pediatric specialty clinic services - Gastroenterologist  
Address: 9300 Valley Children's Place, Madera, CA 93636  
Phone: 559-353-5745  
Insurance: Most major medical insurance, contact for details  
Website: [www.valleychildrens.org](http://www.valleychildrens.org)

## **MENTAL HEALTH**

### **Sullivan Center for Children**

Description: Psychotherapy, learning disability assessment, neuropsychological assessment, medications management  
Address: 3343 W. Shaw Ave, Fresno CA 93711  
Phone: 559-271-1186  
Counties Served: Central Valley  
Website: [www.sullivancenterforchildren.com](http://www.sullivancenterforchildren.com)

### **Central Star Youth Psychiatric Health Facility**

Description: Inpatient and outpatient psychiatric services, outpatient is limited to children involved with child welfare or Behavioral Health Systems in Fresno County. Inpatient services open to some private insurance.  
Address: 4411 E. Kings Canyon Rd, Fresno CA 93702  
Phone: 559-840-4937  
Counties Served: Fresno  
Website: [www.starsinc.com/fresno-county/](http://www.starsinc.com/fresno-county/)  
Additional Info: For under 18 years only. If patient is 18 or older, see Exodus Recovery Crisis Stabilization Center at the same site.

### **University Psychiatry Associates - Pediatric**

#### **Dr. Karen J. Kraus**

#### **Dr. Patrick Shea**

Address: 2210 E. Illinois Ave Suite 401, Fresno CA 93701  
Phone: 559-320-0580  
Insurance: Most major insurance accepted  
Website: [www.universitymds.com](http://www.universitymds.com)

### **Fresno County Dept. of Mental Health**

Description: Inpatient and outpatient psychiatric services  
Address: 3133 N. Millbrook Ave, Fresno 93703  
Website: [www.fresno.ca.us/departments/behavioral-health](http://www.fresno.ca.us/departments/behavioral-health)





## **NUTRITIONIST**

### **Hani Gutierrez, NP**

Description: Hani Gutierrez brings many years of experience in Pediatric Gastroenterology, Hepatology, and Nutrition with her initial GI training in the Pediatric IBD Center at Cedars Sinai Medical Center in Los Angeles and most recently joins us from Stanford Children's Pediatric GI in San Francisco.

Address: 7060 N Recreation Suite 101, Fresno CA 93720

Phone: 559-325-5656

Insurance: Most major medical insurance

Website: [www.universitymds.com](http://www.universitymds.com)

### **Valley Children's Hospital**

Description: Pediatric inpatient and specialty clinic services – Nutrition

Address: 9300 Valley Children's Place, Madera, CA 93636

Phone: 559-353-6735

Insurance: Most major medical insurance, contact for details

Website: [www.valleychildrens.org](http://www.valleychildrens.org)

### **Sleep Centers**

#### **Anther Pediatric and Adult Sleep Center**

Address: 1290 E. Source Ave Suite #103, Fresno CA 93720

Phone: 559-840-0437

Website: [anthersleepcenter@gmail.com](mailto:anthersleepcenter@gmail.com)

## **LEGAL SERVICES**

### **Disability Rights California**

Description: Legal services related to disabilities

Address: 567 W. Shaw Ave. Ste C3, Fresno CA 93704

Phone: 559-476-2000

Counties Served: Chapters throughout California

Website: [www.disabilityrightsca.org](http://www.disabilityrightsca.org)

### **Debra J. Wright**

Description: Attorney at Law, specializes in Autism cases

Address: 4322 St. Andrews Dr., Stockton CA 95219

Phone: 209-473-3419

Counties Served: All of California

E-mail: [fairdbr@comcast.net](mailto:fairdbr@comcast.net)

### **Deborah Pepaj**

Description: Attorney specializing in special education law

Address: 37592 Shadybrook Ln, Squaw Valley CA 93675-9712

Phone: 626-818-7215

Counties Served: Based in Fresno  
Jodie Howard Student Special - Ed law



## SERVICES FOR ADULTS

### **RICV (Resources for Independence, Central Valley)**

Description: Promoting independence in the community through an array of programs including high school transition, career placement, and transportation services.

Address: 3008 N. Fresno St, Fresno, CA 93703

Phone: 559-221-2330

Website: [www.ricv.org](http://www.ricv.org)

Additional Info: 8 to 22 years with documented disability

### **DOR (Department of Rehabilitation)**

Description: Employment and independent living resource for people with disabilities

Address: P.O. Box 24001, 2250 Mariposa Mall Room 2000  
Fresno CA 93721

Phone: 559-445-6011

Website: [www.dor.ca.gov](http://www.dor.ca.gov)

Additional Info: 18+ with documented disability. Client must be able and motivated to be employed.

### **Wayfinders at Fresno State**

Description: Residential postsecondary independent living program with vocational and community inclusion for students with intellectual disabilities.

Address: Kremen School of Education and Human Development  
5005 Maple Ave, MS ED1, Fresno CA 93740

Phone: 559-278-0391

Website: [www.frenostate.edu/kremen/special-projects/wayfinders.html](http://www.frenostate.edu/kremen/special-projects/wayfinders.html)

Additional Info: 18 to 28 years of age. Two-year program. All services are out of pocket.

### **Vocation Plus Connection, Inc**

Description: Provides job training and placement for adults with disabilities

Address: 3985 N. Fresno St. Suite 106, Fresno CA 93726

Phone: 559-221-8019

Website: [www.vocationplusconnections.com](http://www.vocationplusconnections.com)

Additional Info: Ages 18 and up. Referrals must come from CVRC

### **Central Valley Training Center, INC (CVTC)**

Description: Adult day program, vocational skills, independent living skills, behavior management program, crisis intervention team

Address: 3685 W. Holland Ave, Fresno CA 93722

Phone: 559-228-8696

Website: [www.cvtcinc.com](http://www.cvtcinc.com)

Additional Info: Referrals must come from CVRC. All levels of functioning for behavior management services. Must have intellectual disability diagnosis for other services.



### **Community Integrated Work Program**

Description: Adult day program, vocational skills, independent living skills  
Address: 4623 W. Jacquelyn Ave, Fresno CA 93722  
Phone: 559-276-8564  
Website: [www.ciwp.org](http://www.ciwp.org)  
Additional Info: Individuals with intellectual and developmental disabilities with referrals from CVRC only.

### **United Cerebral Palsy of Central California**

Description: Life skills and visual arts, performing arts, technology integration, community integration training  
Address: 4224 N Cedar Ave, Fresno CA 93726  
Phone: 559-221-8272  
Website: [www.ucpcc.org](http://www.ucpcc.org)  
Additional Info: Referrals from CVRC only.

### **Trinity Development Center**

Description: Adult day program  
Address: 1568 N. Millbrook Ave, Fresno CA 90703  
Phone: 559-412-8996  
Website: [www.facebook.com/TrinityDevelopmentCenter](http://www.facebook.com/TrinityDevelopmentCenter)  
Additional Info: For 18+ with developmental disabilities and referral from CVRC

### **The Arc**

Description: Adult day program, community employment program, community integration, independent living skills, supported living  
Address: 4490 E Ashlan Ave, Fresno CA 93722  
Phone: 559-226-6268  
Website: [www.arcfresno.org](http://www.arcfresno.org)  
Additional Info: For 18+ with intellectual and developmental disabilities with referral from CVRC

## **RECREATIONAL PROGRAMS**

### **Break the Barriers**

Description: Offers a wide range of inclusive classes and programs for children with disabilities including: swimming, archery, dance, day camp, gymnastics, martial arts, music, and sign language  
Address: 8555 N. Cedar Ave, Fresno CA 93720  
Phone: 559-432-6292  
Counties Served: Fresno  
Website: [www.breakthebarriers.org](http://www.breakthebarriers.org)  
Additional Info: All fees are out of pocket. If financial need is requested a scholarship form can be filled out at the office.

### **TopSoccer**

Description: Program for young athletes with disabilities  
Address: 50 W. Bullard Ave, Clovis CA 93611  
Phone: 559-325-2575  
Counties Served: Fresno  
Website: [www.cjssl.info/topsoccer.php](http://www.cjssl.info/topsoccer.php)  
Additional Info: Outreach for children and adults with physical and mental disabilities 4 years to adult



### **Magic Fresno**

Description: Adaptive and integrative sports for children with developmental disabilities.  
Counties Served: Fresno  
Website: [www.facebook.com/pg/magicfresno/](http://www.facebook.com/pg/magicfresno/)  
E-mail: [magicfresno@gmail.com](mailto:magicfresno@gmail.com)

### **Maya Cinemas**

Located in: Campus Pointe at Fresno State  
Address: 3090 E Campus Pointe Dr, Fresno, CA 93710  
Phone: 559-549-0005  
First Saturday every month, sensory friendly showing with discount pricing

### **Sierra Vista Cinemas**

Address: 1050 Shaw Ave, Clovis, CA 93612  
Phone: 559-297-3456  
Website: [www.sierravistacinemas.com](http://www.sierravistacinemas.com)  
Last Saturday every month, sensory friendly showing

### **Sprit Horse Connections**

Description: Horseback riding and animal husbandry lessons  
Address: 12099 E Stroud Ave, Kingsburg, CA 93631  
Phone: 559-393-1948

### **Heart of the Horse Therapy Ranch**

Description: Horseback riding and animal husbandry lessons  
Address: 14335 Academy Oaks Ln, Clovis, CA 93619  
Phone: 559-287-3841  
Website: [www.heartofthehorse.org](http://www.heartofthehorse.org)

## **HAIRCUTS**

### **The Crop Shop**

Kelly Muzio  
Phone: 559-916-2243

## **NON-PROFITS**

### **GRAND Central Valley (Growing Resources for Autism and Neurodevelopmental Disorders)**

Phone: 559-824-1321  
Website: [www.grandcv.org](http://www.grandcv.org)  
Email: [grandcv@outlook.com](mailto:grandcv@outlook.com)

### **Fresno Autism Network**

Phone: 559-577-7457  
Website: [www.wix.com/fresnoautismnet/fan](http://www.wix.com/fresnoautismnet/fan)



## WEBSITES/VISUAL INFORMATION

### Autism Speaks

Website: [www.AutismSpeaks.org](http://www.AutismSpeaks.org)

### Fresno County Office of Education

Website: [www.fcoe.org](http://www.fcoe.org)

### Social Security Administration

Phone: 800-772-1213

Website: [www.socialsecurity.gov](http://www.socialsecurity.gov)

### State of California

Website: [www.ca.gov/homefamily/personwithdisabilities.html](http://www.ca.gov/homefamily/personwithdisabilities.html)

### Support for Special Needs

Website: [supportforspecialneeds.com](http://supportforspecialneeds.com)

### America Academy of Child & Adolescent Psychiatry

Website: [www.aacap.org](http://www.aacap.org)

## YOU TUBE VIDEOS

- Amazing Things Happen
- Animated Explanation of Autism
- Beautiful video Explaining Autism—By Amazing Things Happen
- Brilliant Video Campaign to Explain Autism—By National Autistic Society
- My Autism—By George
- Sitting in The Coffee Shop—Carly Fleishmann
- In My Language—silentmiaow
- Human Neurodiversity—Dr Devon, Mac Eachron, MD

## TED TALKS

- Autism—What we know(and Don't Know Yet)—Wendy Chung
- How Autism Freed Me To Be Myself—Rosie King
- The Forgotten History of Autism—Steven Siberman
- What I Learned From My Autistic Brothers—Faith Jegede
- My Brain Works Differently—Dylan Dailor
- The Beautiful Reality of Autism—Guy Shahar



## BOOKS

### Autism

Title: Born on a Blue Day: Inside the Extraordinary Mind of an Autistic Savant  
Author: Daniel Tammet  
Ages: Young Adults, Adults

Title: Emergence: Labeled Autistic  
Author: Temple Grandin and Margaret MD  
Ages: Adolescent to Adults

Title: Freaks, Geeks & Asperger Syndrome: A User Guide to Adolescence  
Author: Luke Jackson  
Ages: Adolescents with Asperger. Parents and teachers

Title: Ian's Walk, A Sister's Story about Her Brother with Autism  
Author: Laurie Lears  
Ages: Elementary School Age

Title: Little Rainman  
Author: Karen L. Simmions  
Ages: Parents and Children

Title: Nobody Nowhere  
Author: Donna William  
Ages: Health Care practitioners

Title: A Special Book about Me  
Author: Joise Santomauro  
Ages: Parents and Children

Title: Strange Son: Two Mothers, Two Sons, and the Quest to Unlock the Hidden World of Autism  
Author: Portia Iversen  
Ages: Young Adults, Adults

Title: The Ride Together: A Brother and Sister's Memoir of Autism in the Family  
Author: Paul Karasik and Judy Karasik  
Ages: Pre-teen, Adolescents, Young Adult, Adults

Title: Thinking in Pictures  
Author: Temple Grandin  
Ages: Adolescents, Young Adults, Adults

Title: The Autistic Brian  
Author: Temple Grandin  
Ages: Adolescents, Adults



Title: Uniquely Human  
Author: Barry Prizant PhD  
Ages: Adolescents, Parents, Professionals

Title: NeruoTribes  
Author: Steven Silberman  
Ages: Adults and Professionals, Parents

Title: Making Peace with Autism: One Families Story of Struggle, Discover and Unexpected Gifts  
Author: Susan Sentor  
Ages: Parents Autism

## ADHD

Title: 80HD: A Child Perspective on ADHD  
Author: Dr.Trish Wood  
Ages: 4 to 8

Title: A Bird's-Eye View of Life with ADD and ADHD  
Author: Chris A Zeigler, Dendy and Alex Zeigler  
Ages: Adolescents and Young adults

Title: ADHD and Me: What I Learned From Lighting Fires At The Dinner Table  
Author: Blake E.S Taylor  
Ages: Adolescents, Parent of Individuals With ADHD

Title: Cory Stories: A Kid's Book about Living with ADHD  
Author: Jeanne Kraus  
Ages: 4 to 8

Title: Putting on the Brakes: Young People's Guide to Understanding Attention Deficit Hyperactivity Disorder  
Author: Patricia Quinn MD, Judith M. Stern MA  
Ages: School Ages, Adolescents, Parents of Children With ADHD

Title: Shelly, the Hyperactive Turtle  
Author: Deborah Moss  
Ages: 3 to 7

Title: The Survival Guide for Kids with ADHD  
Author: John F. Taylor PhD  
Ages: Adolescent, Children

Title: You Mean I'm Not Lazy, Stupid or Crazy?!  
Author: Kim Kelly and Peggy Redundo  
Ages: Young Adults, Parents of Young Adults



## ANXIETY

Title: All Birds Have Anxiety  
Author: Kathy Hoopman  
Ages: Elementary School Ages

Title: Monkey Mind: A Memoir of Anxiety  
Author: Daniel Smith  
Ages: Young Adults to Adults, Parents of Individuals with Anxiety

Title: Please Explain “Anxiety” to Mel: Simple Biology and Solutions for Children and Parents  
Author: Laurie Zelinger PhD and Jordan Zelinger MS Ed  
Ages: Middle to Late Elementary

Title: Scaredy Squirrel  
Author: Melanie Watt  
Ages: Young Children

Title: The Girl Who Never Made Mistakes  
Author: Mark Pett and Gary Rubinstein  
Ages: Young Children

Title: Wemberly Worried  
Author: Kevin Henkes  
Ages: Early Elementary

Title: What Do When You Worry Too Much: A Kid’s Guide to Overcoming Anxiety  
Author: Dawn Huebner PhD  
Ages: Child and Parents

Title: What Do You Think Of Me  
Author: Emily Ford  
Ages: Young Adolescent, Adolescent, Adult

Title: When I Feel Scared  
Author: Cornelia Maude Spelman  
Ages: Young Children

Title: Wilma Jean the Worry Machine  
Author: Julia Cook  
Ages: Elementary School





## DEPRESSION

Title: Queen Bees, Drama Queens, Cliquey Teens  
Author: Anita Naik  
Ages: Middle School, High School

Title: The Princess and the Frog: A Story for Children with Depression  
Author: Lloyd Jones  
Ages: Adult Reading to a Child

Title: Trouble in my Head: A Young Girl's Fight with Depression  
Author: Mathilde Monaque  
Ages: Adolescents, Adults, Mental Health Providers

## ANGER

Title: A Volcano in My Tummy: Helping Children to Handle Anger  
Author: Eliane Whitehouse and Warwick Pudney  
Ages: 7 to 12

Title: Angry Octopus: A Relaxation Story  
Author: Lori Lite  
Ages: Parent & Child, Therapist and Child

Title: Cool, Cats, Calm Kids: Relaxation and Stress Management for Young People  
Author: Mary L. Williams  
Ages: 7 to 12

Title: Bullies, Cyberbullies and Frenemies- Teen Life Confidential  
Author: Michele Elliot  
Ages: Middle School

Title: Cool Down and Work Through Anger  
Author: Cheri J Meiners M.Ed  
Ages: Parents to Children

Title: Feeling Better: A Kids book about Therapy  
Author: Rachel Rashkin  
Ages: Middle School or Teen

Title: Frog's Breathtaking Speech: How Children Can Use the Breath to Deal with Anxiety, Anger and Tension  
Author: Michael Chissick and Sarah Peacock  
Ages: Children

Title: Hands are not for Hitting  
Author: Maritne Agassi  
Ages: Parents to help Children, Children  
Title: How to Take the Grrr Out of Anger  
Author: Elizabeth Verdick and Marjorie Lisovskis  
Ages: All



Title: Ladybug's Remarkable Relaxation: How Children can use yoga relaxation to help deal with Stress, Grief, Bulling and Lack Confidence

Author: Michael Chissick and Sarah Peacock

Ages: Children

Title: Some Bunny To Talk To: A Story About Going To Therapy

Author: Cheryl Sterling, Paola Conla, Larissa Labay

Ages: 4 to 8

Title: When I Feel Angry

Author: Cornelia Maude Spelman

Ages: Children

Title: Zach Apologizes

Author: William Mulcahy

Ages: Children

## SELF INJURIOUS BEHAVIOR/ SUICIDE

Title: Skin Game: A Memoir

Author: Caroline Kettlewell

Ages: Late Adolescents, Adult

Title: Eight Stories Up: A Adolescent Chooses Hope over Suicide

Author: Dequincy A. Lezine, PhD with David Brent MD

Ages: Adolescents, Adult

Title: In Her Wake: A Child Psychiatrist Explores the Mystery of Her Mother's Suicide

Author: Nancy Rappaport M.D

Ages: Teen, Young Adult, Adult



