

REFERRAL FOR SLEEP STUDY

Patient Information:

Name: _____ Home Phone: _____
 Birth Date: _____ Work Phone: _____
 Demographics: _____ Height _____ Weight: _____ Gender: M / F
 Sleeping Hours: From _____ To _____ Night Day Evening
 Occupation: _____

PRIMARY CARE PHYSICIAN

Requesting Physician: _____ Phone: _____ Fax: _____
 PCP: _____ Phone: _____ Fax: _____

- Consultation with Sleep Study to follow (No H&P required)
 - Included Progress Notes, insurance card and referral or authorization (if needed)
 Direct Sleep Study (Please complete the following H&P and send copy of authorization)

HISTORY AND PHYSICAL INFORMATION

History of Sleep Problems

- | | | |
|---|--|--|
| <input type="checkbox"/> Excessive Daytime Sleepiness | <input type="checkbox"/> Shift Work | <input type="checkbox"/> Morning Headaches |
| <input type="checkbox"/> Cataplexy | <input type="checkbox"/> Snoring | <input type="checkbox"/> Nocturia |
| <input type="checkbox"/> Witnessed Apneas | <input type="checkbox"/> Sleep Paralysis | <input type="checkbox"/> Frequent Awakenings |
| <input type="checkbox"/> Claustrophobia | <input type="checkbox"/> Insomnia | <input type="checkbox"/> Sleepwalking |
| <input type="checkbox"/> Other _____ | | |

Medical Conditions

- | | | |
|-------------------------------------|--|---------------------------------------|
| None <input type="checkbox"/> _____ | <input type="checkbox"/> Cardiac Arrhythmias | <input type="checkbox"/> HTN |
| _____ | <input type="checkbox"/> CHF | <input type="checkbox"/> Diabetes |
| _____ | <input type="checkbox"/> Neuromuscular Disorders | <input type="checkbox"/> Asthma/COPD |
| _____ | <input type="checkbox"/> Stroke/Weakness | <input type="checkbox"/> Chronic Pain |
| _____ | <input type="checkbox"/> Seizures | <input type="checkbox"/> Fibromyalgia |

Social History & Family History

NA _____

Physical Exam

NL _____ HEET
 NL _____ Heart/Lungs:
 NL _____ Neurologic Exam:

STUDY TYPES/CPT CODES

- | | |
|---|--|
| Type <input type="checkbox"/> Standard 95810 | <input type="checkbox"/> MSLT 95805 |
| <input type="checkbox"/> CPAP/BPAP Titration 95811 | <input type="checkbox"/> Home Sleep Study |
| <input type="checkbox"/> Split-night (if indicated) 95810-95811 | <input type="checkbox"/> Pediatric Polysomnography |
| <input type="checkbox"/> At the discretion of the Sleep Center | <input type="checkbox"/> Other _____ |
| <input type="checkbox"/> Hypoventilation evaluation (please include room air ABG) | |

DIAGNOSIS AND SPECIAL NEEDS

Diagnosis

- | | | |
|--|--------------------------------------|--|
| <input type="checkbox"/> Obstructive Sleep Apnea | <input type="checkbox"/> Narcolepsy | <input type="checkbox"/> Seizures |
| <input type="checkbox"/> PLMD/Restless Legs/RBD | <input type="checkbox"/> Hypersomnia | <input type="checkbox"/> Neuromuscular |
| <input type="checkbox"/> Sleepwalking | <input type="checkbox"/> Shift Work | <input type="checkbox"/> Insomnia |

Special Needs

- | | | |
|---|--|-------------------------------------|
| _____ <input type="checkbox"/> Oxygen | <input type="checkbox"/> Assistance Moving | <input type="checkbox"/> Wheelchair |
| _____ <input type="checkbox"/> Difficulty | <input type="checkbox"/> Other | |

Ordering Physicians Signature: _____ Date: _____

- My office will do the follow up after the study.
 Please arrange for a sleep follow up post study in the Sleep Center.

Appointment Date & Time: _____